



*Embassy of the United States of America
Muscat, Oman*

Hospitals, Clinics, Medical Practitioners and Dentists in Oman

(updated April 2013)

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Please note that the office hours listed is subject to change; please call ahead to confirm.

Table of Contents:

Emergency & Other Useful Telephone Numbers	02
General Information on hospitals in Oman.....	03
Hospitals (government).....	04
Hospitals (private).....	07
Private Medical Clinics.....	08
Private Dental Clinics.....	10
Commonly Used Clinical Specialists.....	12

EMERGENCY TELEPHONE NUMBERS

Khoula Hospital (Accident & Emergency Dept.)	2456-0455 (operator); 2456-3625 (emergency)
Royal Hospital (Accident & Emergency Dept.)	2459-9000 (operator); 2459-9525 (emergency)
Muscat Private Hospital	2458-3600 (operator); 2458-3791 (emergency)
Sultan Qaboos University Hospital	2414-7777 (operator); 2414-4615 (emergency)
Police Operation Center	2456-0099 or 9999
Police Station (Al Qurum/Baushar)	2460-0099
Police Station (Ruwi)	2470-1099
Any Emergency (Ambulance/Fire)	9999

OTHER USEFUL TELEPHONE NUMBERS

Hatat House Polyclinic	2456-3641
Al Massaraat Medical Centre	2456-6435
Medident Center	2460-0668
Al Rimah Medical Center	2470-0516
Qurum Dental Clinic	2469-2898
Medident Dental Clinic	2460-1668
Gulf Medical Center	2456-4639
Al Qurum Veterinary Clinic	2456-2263 (clinic); 9270-3273 (emergency)

HOSPITALS

There are four government-run hospitals in the immediate area of Muscat to which the expat community has access. A letter of referral from an outside physician is required except in an emergency. The government hospitals will treat all patients in an emergency.

These are: Royal Hospital
 Khoula Hospital
 Sultan Qaboos University Hospital (SQUH)
 Al Nahda Hospital

Each hospital has its own area of specialty. However, the Royal and Khoula Hospitals have 24-hour "specialized" accident and emergency departments.

Visiting hours for most of the hospitals:
 1500-1800 Saturday - Wednesday
 1000-1800 Thursday - Friday

As listed below, each hospital has its own area of specialty. **However, in an emergency you should proceed to the nearest hospital's accident and emergency department.** Only if time permits should you consider selecting a specific hospital.

Ambulance service began in April 2004. It is currently limited to traffic accident response, but it will expand to full service in the near future. To call an ambulance, dial 9999. The operators are multi-lingual and should be able to help you.

Muscat Private Hospital is the largest private hospital in Muscat. It is staffed by a variety of Western and Asian-trained physicians. Most specialties are available at this hospital. Starcare Hospital and Atlas Hospital are other private Hospitals available in Muscat.

Payment of hospital/clinics bills is the responsibility of each individual. Please check in advance with the concerned hospital about fees and payment procedures.

Government Hospitals

- **Royal Hospital**

Telephone: 2459-9000 (operator); 2459-9457/2459-9453 (emergency)

Visiting hours: 1500-1800 Saturday- Wednesday
 1000-1800 Thursday- Friday

The Royal Hospital is a 635-bed facility and has specialty clinics in the following areas:

Internal medicine
OB/GYN
Surgery (including open-heart)
Pediatrics and neonatal intensive care unit
Intensive and coronary care unit
Oncology/Hematology
Urology
Cardiology
Renal dialysis and kidney transplants

To locate the accident and emergency department, drive in the main entrance and turn immediately to the right. There are separate entrances for adults and children.

The Royal Hospital specializes in cardiac and pulmonary care, and can handle such emergencies as heart attacks and pulmonary distress.

- **Khoula Hospital**

Telephone: 2456-0455 (operator); 2456-3625 (emergency)

Visiting hours: 1500-1800 Saturday- Wednesday
 1000-1800 Thursday- Friday

Khoula Hospital is a 470-bed facility and is the country's regional trauma center. The Khoula Hospital has specialty clinics in the following areas:

Burns Unit
Trauma (especially road accidents)
Plastic surgery
Orthopedics/prosthesis
OB/GYN (low risk)
Neurosurgery
Urology
General surgery

Outpatient clinic hours: 0730 - 1430 Saturday – Wednesday

The accident and emergency entrance is well marked. Khoula Hospital will treat such emergencies as burns, road-traffic accidents, fractures and head trauma.

Khoula Hospital has its own MRI center. Please call the hospital for more information.

- Sultan Qaboos University Hospital

Telephone: 2414-7777 (operator); 2414-4615/2414-4618/2414-1716 (emergency)

Visiting hours: 1530-1800 Saturday- Wednesday
 1000-1200/1530-1800 Thursday/Friday

The Sultan Qaboos University Hospital is a 275-bed facility. It primarily treats university personnel and their families and receives outside patients on a referral basis only.

Sultan Qaboos University Hospital has all specialties except orthopedics and neurosurgery. The majority of consultants and senior nurses are Western-trained.

You will need a pass, referral letter or appointment card to be allowed to pass through the security gate, outside of visiting hours. Once inside the gate, follow the signs to the hospital.

Sultan Qaboos University Hospital does not receive emergencies from outside the campus.

- Al Nahdha Hospital

Telephone: 2483-1255 (operator); 2483-7800 (emergency)

Al Nahdha hospital is a 300-bed facility. The hospital has specialty clinics in the following areas:

Ophthalmology
Dermatology
ENT (Ear, nose and throat)
Dental (oral surgery)

Al Nadha Hospital has separate male and female entrances, and the outpatient clinics have separate waiting rooms.

Outpatient clinic hours: 0730 - 1430 Saturday – Wednesday

Visiting hours: 1300-1900 Hrs Saturday- Wednesday
 1000-1200/1600-1900 Hrs Thursday- Friday

- Ibn Sina Hospital (For Psychiatric Care)

Tel: 2487-6322 ext. 116

For emergency on Thursdays/Fridays and after clinic hours Call 2487-6322 ext. 303.

The Ibn Sina Hospital is government-run and specializes in psychiatric care. A letter of referral from an outside physician is required except in an extreme emergency.

Outpatient clinic hours: 0730 - 1400 Saturday - Wednesday

- Blood Bank Unit

Tel: 2459-1255

The blood bank is located opposite the Royal Hospital (next to Boushar Clinic). If you would like to donate blood, no appointment is necessary. If you require further information, contact Dr. Shahnaz Nidham Shah Al-Balushi, who is the Director of Department of Blood Services.

Donation hours: 0730 - 2030 Saturday – Friday

PRIVATE HOSPITALS

- **Muscat Private Hospital**

Tel: 2458-3600

<http://muscatprivatehospital.com/index.html>

Muscat Private Hospital is a 72-bed facility that opened in October 2000. It has 66 private rooms with large en-suite bathrooms. Of these, 6 are double executive style rooms. There are six delivery suites, a neo-natal intensive care suite and four adult intensive care beds. Recently made the first hospital in Oman to achieve JCI (Joint Commission International) Accreditation. There is a large, 24-hour emergency room. The hospital is affiliated with Allied Diagnostics which is on Hospital Campus and provides radiology including mammography, CT and MRI. Muscat Private Hospital has a small ambulance service available. Most specialties are available. The Outpatient Department (OPD)'s telephone number is 2458-3792/2458-3608.

- **Starcare Hospital**

Tel: 2455- 7200

<http://starcarehospital.com/>

Starcare Hospital is a new 50 bed inpatient general hospital that opened in approximately Dec 2010. They have a 4 bed, 24 hour emergency room, with a small ambulance service. They have radiology that currently provides xray, CT and ultrasound and is hoping to provide mammography and MRI in the near future. They have pre and post natal program with 2 delivery suites, a neonatal Intensive Care Unit, four adult intensive care/recovery beds, 2 operating suites and specialties in the areas of orthopedics, family physicians, pediatricians, ob/gyn and counseling are available in this Hospital.

- **Atlas Star Hospital**

Tel: 2450-4000

<http://healthcare.atlasera.com/index.html>

Opened in 2004, Atlas Star has a 24 hour emergency room, radiology department, specialists available in the areas of family medicine, cardiology, general surgery, ob/gyn, ophthalmology, orthopedics, pediatrics and urology.

PRIVATE MEDICAL CLINICS

- **Medinat Qaboos Medical (MEDIDENT) Centre LLC**
Telephone: 2460-0668
Address: P.O. Box 2089, Ruwi 112, Sultanate of Oman
Way 2124 (Rd3) House 1290B, Madinat Sultan Qaboos
E-mail address: kathy@medidentoman.com
Website: www.medidentoman.com
Hours: 8:00 – 12:00/15:00 - 18:00 Saturday - Wednesday
- **Hatat House Polyclinic - Wadi Adai and Al Azaiba Branch**
Telephone (Main Clinic): Tel: 24563641/24564367/24560087
Emergency number (non-clinic hrs): 9943-1173 (on-call doctor); 9943-1174 (on-call nurse)
Al Azaiba (Branch): Tel: 2449-9269/2449-3270 Fax: 2449-6835
Mailing address: P.O. Box 1475, Ruwi 112, Sultanate of Oman
Hours (Main Clinic): 8:30 – 21:00 Saturday – Thursday
Al Azaiba (Branch): 8:30 – 12:30 & 16:30 – 21:00 Hrs Saturday – Thursday

(During non-working hours, Fridays and holidays, the clinic operates through its telephone answering machine system, which will provide the telephone/pager number of the doctors on duty who can assist in the event of an emergency.)

Specialists in gynecology, dermatology, psychology and pediatrics visit the branch on different days of the week. For appointments, please call the clinic.

The clinic offers: Laboratory, radiological investigations (x-ray, ultrasound and color doppler investigations), dental clinic, dermatological procedures and treatment, psychiatric consultation, stress management and counseling, eye clinic, physiotherapy unit, cardiologist consultation (procedures, treatment, ECG, stress test and Echocardiography), Immunizations/vaccinations and in-house pharmacy

- **Al Hayat Polyclinic LLC**
Telephone: 2456-7646 Fax: 2456-4990
E-mail address: Merrill@omantel.net.om
Address: P.O. Box 1037, Al Hamriya 131, Sultanate of Oman
Hours: 8:30 – 13:00/17:00 - 20:30 Saturday – Wednesday
8:30 – 13:30 Thursday

The clinic offers the following: Coronary angiogram, CCU, dobutamin stress echo, tissue doppler imaging, contrast echo, transtelephonic ECG, 24-hour ABPM and holter, stress – treadmill, pulmonary function test, audiometry test, neurology clinic, EEG, EMG, nerve conduction study, evoked potential study, sleep laboratory, cosmetic surgery, pain management clinic, diabetes management clinic, ultrasound, endoscopy, laboratory facility, x-ray facility, in-house pharmacy, vaccinations, day care surgical services both under general and local anesthesia and male and female observation rooms.

- Al Massaraat Medical Centre

Telephone: 2456-6435/2457-1033, Fax: 2456-6436
 Emergency number (24 hrs) GSM: 9946-5316
 E-mail address massaraat@gmail.com
 Address: P.O. Box 853, Mina Al Fahal 116, Sultanate of Oman
 House 5700, Way 661, Qurum
 Hours: 8:00 - 20:00 Saturday – Wednesday
 8:00 – 13:00 Thursday

Al Massaraat Medical Centre offers: Fully equipped laboratory, x-ray facilities, ECG facilities, audiometric testing, fully equipped dental department, in-house pharmacy, family or individual health care package and 24-hour home visit.

- Al Rimah Medical Centre – Rex Road

Telephone (Main Clinic): 2470-0515 Fax: 2470-8939
 Emergency numbers (24 hrs) 9932-7164 (Mobile)
 E-mail address alrim@omzest.com
 Address: P.O. Box 2544, Ruwi 112, Sultanate of Oman
 Hours: 08:00 to 13:00/17:00 to 21:00 Saturday -
 Wednesday
 09:00 - 13:00/17:00 - 21:00 Thursday

Al Rimah Medical Centre has facilities for all routine examinations and clinical procedures. It also offers: Portable ECG, ultrasound, treadmill, ambulatory BP monitoring, video EEG (electroencephalogram), computerized pulmonary function test (PFT), custom –made sound -proof audiometry booth, gastroscopy (video endoscopy) and event recorder for arrhythmias test facilities.

Al Rimah Medical Centre – Al Khuwair Branch

Telephone (Main Clinic): 2447-9664 Fax: 2447-9665
 Hours: 08:00 – 13:00/17:00 – 21:00 Hrs Saturday - Wednesday

Al Khuwair Branch also has facilities for all routine examinations and clinical procedures. It also offers: Portable ECG, ultrasound, treadmill, ambulatory BP monitoring, video EEG (Electroencephalogram), computerized pulmonary function test (PFT), gastroscopy (video endoscopy and event recorder for arrhythmias test facilities.

Al Rimah Medical Centre – Al Khoud Branch

Telephone (Main Clinic): 2454-4705 Fax: 2454-4706
 Hours: 8:00 – 13:00/17:00 – 21:00 Hrs Saturday - Wednesday

- Gulf Medical Centre

Telephone: 2456-4639 Fax: 2456-5667
Address: P.O. Box 471, Mina Al Fahal 116, Sultanate of Oman
Hours: 10:30 - 12:30/17:30 - 20:00 Saturday - Wednesday
10:00 - 13:00 Thursday

Services offered include: Consultation for diseases of the skin, hair and nail, skin allergy treatment, laser hair removal, laser treatment for skin, Botox and other cosmetic procedures, electro surgery and cryotherapy

- **Qurum Clinic**

Telephone: 2456-3181/2456-3497/2456-3183
Emergency number (24 hrs) 2701469
Address: P.O. Box 438, Muscat 113, Sultanate of Oman
Hours: 08:45 - 12:00/16:45-19:30 Saturday - Wednesday
09:45 – 14:00 Thursday – Closed on Friday

Laboratory and x-ray facilities are available in the clinic.

- **Badr Al Sama Clinic**

Telephone: 2479-9760 Ruwi
2454-6099 Al Khoud
2448-8322 Al Khuwair
2688-4910 Barka
2684-6660 Sohar
2329-1830 Salalah

PRIVATE DENTAL CLINICS

- **Harub Dental Surgery**

Telephone: 2456-3814/2456-3217 Fax: 2456-3342
Emergency number: 92993128
Address: P.O. Box 133, Al Harthy Complex 118, Sultanate of Oman
Way # 1826, House # 1805, Qurum (Opp. Ernst & Young
Bldg)
E-mail address: hdsugery@omantel.net.om
Hours: 8:30 – 13:00/14:30 – 19:00 Saturday - Thursday

- **Medident Centre Dental Clinic**

Telephone: 2460-1668
Address: P.O. Box 2089, Ruwi 112, Sultanate of Oman
Way 2124 (Rd3) House 1290B, Madinat Sultan Qaboos
Hours: 8:00 – 12:00/13:00 - 18:00 Saturday - Wednesday

The clinic handles most dentistry problems including orthodontic, crown and bridgework. All crown and bridgework is now made in Oman by Syrian technicians trained in

Germany, using top class German materials.

- Qurum Medical Center (Dental Clinic)
Telephone: 2469-2898 Fax: 2460-4547
Address: P.O. Box 393, Mina Al Fahal 116, Sultanate of Oman
Villa # 61A, Medinat Al Ilam Street
Hours: 9:00 - 17:00 Saturday – Wednesday (by appointment only)

The clinic has its own laboratory facilities with a dental laboratory assistant.

- Al Rimah Dental Clinic – (Ruwi and Al Khuwair)
Telephone: 2470-0516 Ext. 41 or 22 (Ask for the Dental clinic)
Address: P.O. Box 2544, Ruwi 112, Sultanate of Oman
Hours: 8:00 - 13:00/17:00 - 21:00 Saturday - Wednesday
9:00 - 13:00/17:00 - 21:00 Thursday
- Badr Al Sama Dental Clinic
Telephone: 2479-9760 (Ruwi)
2454-6099 (Al Khoudh)
2448-8322 (Al Khuwair)
2688-4910 (Barka)
2484-6660 (Sohar)
2329-1830 (Salalah)

PRIVATE OPTICAL CENTERS

- Gulf Optical Center
Telephone: 2479-7480 (Ruwi) 2329-6480 (Salalah)
Address: P.O. Box 3450, Ruwi 112, Sultanate of Oman
Hours: 8:30 - 13:00/16:30 - 21:00 Saturday – Wednesday
9:00 – 1300/17:00 – 21:00 Thursday
- Finland Eye Centre
Telephone: 2456-4488
Address: Ground Floor, Ernst Young Building (Opp. Al Qurum Complex)
Hours: 8:00 - 20:00 Saturday- Wednesday

COMMONLY USED CLINICAL SPECIALISTS

- Primary Care Physicians:

Dr. Verma	Muscat Private Hospital	2458-3600
Dr. Moustafa Abdel Nabi	Medident Center	2460-0668
Dr. Firazath Hussain	Al Massaraat Medical Centre	2456-6435
- Pediatricians:

Dr. Hans Hellgren	Muscat Private Hospital	2458-3600
Dr. Salim Ismail	Muscat Private Hospital	2458-3600
Dr. Avirat Vaishnav	Muscat Private Hospital	2458-3600
Dr. Firazath Hussain	Al Massaraat Medical Centre	2456-6435
- Pediatric Surgeons:

Dr. Mohammed Jaffer Sajwany	Muscat Private Hospital	2458-3600
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- ❖ Muscat Private Hospital offers a 24-hour pediatric emergency hotline at 9947-4989.
- Obstetricians/Gynecologists:

Dr. Pritima Kaushik	Muscat Private Hospital	2458-3600
Dr. Kanchana Rajan	Muscat Private Hospital	2458-3600
Dr. Majida Irhayim (infertility)	Muscat Private Hospital	2458-3600
Dr. Rula Eskander	Muscat Private Hospital	2458-3600
- ❖ Muscat Private Hospital offers a 24-hour OB/GYN hotline at 2459-6907 or 2459-2600 ext. 2200.
- Cardiologists:

Dr. Rashid Shahrabani	Muscat Private Hospital	2458-3600
Dr. Kadhim Jaffer Suleiman	Muscat Private Hospital	2458-3600
Dr. Al Riyami	Muscat Private Hospital	2458-3600
- Dermatologists:

Dr. Farouk Iqbal	Gulf Medical Center	2456-4639
Dr. Fatma Obaid Ali	Emirates Dermatology Center	2460-4540
Dr. Abdulla Al Taie	Muscat Private Hospital	2458-3600
- Ophthalmologists:

Dr. Ashraf	Magrabi Eye & Ear Clinic	2456-8870
Dr. Lisa	Finland Eye Center	2456-4488
- Neurologists:

Dr. Sharma	Muscat Private Hospital	2458-3600
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- Urologists:
Dr. Joseph John Muscat Private Hospital 2458-3600
Dr. M. Sadiq Lala Muscat Private Hospital 2458-3600
- Nephrologists:
Dr. Nabil Muhsin Muscat Private Hospital 2458-3600
- Rheumatologists:
Dr. Humaid al Wahshi Muscat Private Hospital 2458-3600
- Endocrinologists:
Dr. Hala al Sheikh Muscat Private Hospital 2458-3600
- Orthopedists:
Dr. Ramanathan Muscat Private Hospital 2459-3600
Dr. Joel Coutinho Muscat Private Hospital 2458-3600
Dr. Banerjee Muscat Private Hospital 2458-3600
Dr. Henry Graf Muscat Private Hospital 2458-3600
- Plastic Surgeons:
Dr. Wayne Smith Muscat Private Hospital 2458-3600
- Physiotherapists:
David Smith Muscat Private Hospital 2458-3600
- Psychiatrists:
Dr. Yousif Mirza Al Elaj Medical Center 2456-7005
Dr. Al Hussaini Muscat Private Hospital 2458-3600
Dr. Kate Lindsay Al Harub Medical Centre 2460-0750
- Ear, Nose and Throat Specialists:
Dr. Mazen Al- Khabori Muscat Private Hospital 2458-3600
Dr. Hisham Magrabi Eye & Ear Clinic 2456-8870
Dr. Jamil Hyder Muscat Private Hospital 2458-3600
- Counselors:
Mrs. Claire Al-Turihi Qurum Medical Centre 95925802
Ms. Brenna Creamer Al Harub Medical Centre 2460-0750
Nishat Shams Starcare Hospital 9982-3151
- Eyeglass Centers/Opticians:
Al Gazal Opticians Sabco Center 2456-3545
El Maghraby Qurum Shopping Area 2456-8870

- Hearing Aids:

National Optical & Hearing Aid Center	Al Wadi Commercial Center	2457-1096
Hassan Optical & Hearing	Al Harthy Complex	2456-6742
Hearing Aid Center	Al Sarooj Complex	
Sarah Marshall	Audiometric Assessment	9725-9948

- Dentists:

Medident Center		2460-1668
Harub Dental Surgery (Orthodontist available)		2456-3814
Qurum Dental Surgery (Orthodontist available)		2469-2898
Dr. Qousay Fadhal Al Qaisi	Muscat Private Hospital	2458-3600
Dr. F. Habaj	American Dental Center	2469-5422
Dr. Tim Dabbous	Dental & Oral Center	2469-8066
		2469-8055

- Dental Hygienists:

Harub Dental Clinic		2456-3814
American Dental Clinic		2469-5422
Medident Medical Centre		2460-1668

- MRI Scans:

Muscat Private Hospital		2458-3600
Allied Diagnostics	Al Manahil Building, Shatti Al Qurum	2469-9195

- Mammographies:

Muscat Private Hospital		2458-3600
Dr Hiral	Aafiyaa Clinic, Al Wadi Centre Qurum	2456- 7166

- Pharmacies:

Muscat Pharmacy	Madinat Al Sultan Qaboos	2469-9457
Muscat Pharmacy (24 hours)	Al Shatti Plaza	2469-5477
Muscat Pharmacy (24 hours)	Al Sarooj Commercial Center	2469-5536
Scientific Pharmacy (24 hours)	Qurum	2456-6601

- ❖ A list of pharmacies available outside normal business hours is printed outside your local pharmacy and in the daily newspaper.